



### 1918

Our homegrown story begins with Walter Ingham starting a small family farm in Sydney's South West with just one rooster and six hens.

### MID 1950s

Ingham's increases meat bird stock and built a small brick abattoir on the Casula farm, hand processing table birds gradually increasing output to 3,000 birds a week.

### 1924

The W.H Ingham's administration complex and hatchery was built to facilitate the growing business.

#### 1960s

The introduction of new styles and packaging formats made Ingham's a household name in chicken

Nourish

Our Worla

Ingham's entered into enduring supply relationships with major retail customers and quick service restaurants.

During the Great Depression, Ingham's

continued to employ workers and

grain during these difficult years

supported local farmers with excess

# 1961

1930s

### **LATE 1960s**

Ingham's continues monderisation of their operations employing a large fleet of locally assembled vehicles such as this state of the art Dodge

#### MID 1980s

Ingham's launched their iconic Sweet Chilli Tenders and Devil Wing Dings into the foodservice market. Both products continue to be a staple in foodservice outlets across Australia today!

## **LATE 1970s**

Ingham's continued to advance in poultry, demonstrating leadership through innovation and further developing the Australian poultry industry. Ingham's also acquired Chickadee Food Pty Ltd in 1972.

### 1990s

The increasing demand for chicken through 1990's saw Ingham's expand across the Tasman into the New Zealand market. At the same time it continued to innovate and expand its rand of ready-meals

### **EARLY 1980s**

Ingham's remains committed to developing and improving the health and housing of its birds, and responding to changing tastes of Australians by building its first chicken, and turkey processing plants to keep up with the dramatic shift towards further processed products.

### **2010s**

Free Range Chicken and Turkey production commenced. Ingham's invests over \$1 Billion in state-of-the-art facilities to meet future growth and further establish its position as a market leader in poultry

2020 & BEYOND... Ingham's remains committed to quality, sustainability, and supporting our foodservice industry. We're looking forward to another decade of partnering with you, providing quality poultry to help your business thrive!



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Consumers are becoming more and more demanding of transparency when it comes to ethics and sustainability of the brands they purchase from. At Ingham's sustainability and animal welfare are at the forefront of our priorities, aligning our business with organisations whose key focus is

on animal welfare such as The Royal Society for the Prevention of Cruelty to Animals (RSPCA), and The Free Range Egg and Poultry Australia. This ensures that our standards are best practice, and you can rest assured you're providing your customers with a product they can trust.

'The care of our chickens is our number one job. Are they happy? Do they have easy access to food and water? Is the environment conducive to good health? Are they enriched? If we don't care for them and provide them with the most comfortable environment, they won't grow. Simple as that.'

Andy Shay - Bromfield Farm QLD
Raising free-range flocks with Ingham's since 2014

# **NewPRODUCTS**



A mix of whole chicken pieces, coated in a perfectly seasoned breading, making them crunchy and crispy on the outside and juicy and flavourful on the inside! Fully cooked and pre-coated, saving you time and labour in the kitchen.

PRODUCT CODE: 5515800 CARTON CONTENTS: 2 X 2.5KG APPROX. UNIT WEIGHT: 150g



A mashup of two Aussie take-away favourites - chicken, and potato cakes! Delicious chicken patty on the inside, crispy potato flake batter on the outside.

PRODUCT CODE: 5567700 CARTON CONTENTS: 5 X 1KG APPROX. UNIT WEIGHT: 48g

# Chicken

# **PRODUCT RANGE**

4

From centre of plate to snacking, Ingham's frozen prepared chicken range has been optimised for foodservice outlets. Our broad selection of flash-fried and fully cooked products offer convenience without compromise on quality, and consistent portion sizes provide full control over cost-per-serve.

RECIPE Inspiration

# ROASTED APPLE AND SCHNITZEL BURGER

Core and slice red or green apple into rounds and saute in butter until tender and cooked through. Cook chicken schnitzel as per pack instructions, layer mustard aioli, lettuce and roasted apples on a burger bun, and service with chips.



# **CHICKEN BREAST 120G**

PRODUCT CODE: 0009706

CARTON CONTENTS: 4 X 1.2KG
APPROX. UNIT PER KG: 8

APPROX. UNIT WEIGHT: 120g









# **RETAIL NUGGETS**

PRODUCT CODE: 0020563 CARTON CONTENTS: 5 X 1KG APPROX. UNIT WEIGHT: 21g APPROX. UNIT PER PACK: 45





# **BREAST NUGGET**

PRODUCT CODE: 5550200 CARTON CONTENTS: 5 X 1KG APPROX. UNIT WEIGHT: 20g APPROX. UNIT PER PACK: 50





# **SCHOOL BREAST NUGGETS**

PRODUCT CODE: 0020565 CARTON CONTENTS: 5 X 1KG APPROX. UNIT WEIGHT: 21g APPROX. UNIT PER PACK: 45





# **TEMPURA BREAST NUGGETS**

PRODUCT CODE: 5561900 CARTON CONTENTS: 5 X 1KG APPROX. UNIT WEIGHT: 22g APPROX. UNIT PER PACK: 50





# TERIYAKI BREAST MEDALLIONS

PRODUCT CODE: 5561300 CARTON CONTENTS: 5 X 1KG APPROX. UNIT WEIGHT: 34g APPROX. UNIT PER PACK: 28





# **CHICKEN MUNCHIES**

PRODUCT CODE: 5554100 CARTON CONTENTS: 5 X 1KG APPROX. UNIT WEIGHT: 8g APPROX. UNIT PER PACK: 119





# POP 'EM SOUTHERN STYLE

PRODUCT CODE: 5565200 CARTON CONTENTS: 5 X 1KG APPROX. UNIT WEIGHT: 7g APPROX. UNIT PER PACK: 142





# **TEMPURA BREAST BITES**

PRODUCT CODE: 5337000 CARTON CONTENTS: 5 X 1KG APPROX. UNIT WEIGHT: 21g APPROX. UNIT PER PACK: 47





# Snacking&FINGERFOODS



# **DEVIL WING DINGS**

PRODUCT CODE: 0020540 APPROX. UNIT WEIGHT: 77g CARTON CONTENTS: 5 X 1KG APPROX. UNIT PER PACK: 13











# **CRUMBED WING DINGS**

PRODUCT CODE: 0020536 APPROX. UNIT WEIGHT: 77g CARTON CONTENTS: 5 X 1KG APPROX. UNIT PER PACK: 13

CARTON CONTENTS: 2 X 2.5KG

APPROX. UNIT PER PACK: 12











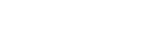
# **ROASTED WING DINGS - MARINATED**

PRODUCT CODE: 0020511 APPROX. UNIT WEIGHT: 45g

CARTON CONTENTS: 5 X 1KG APPROX. UNIT PER PACK: 22









# **BUFFALO WINGS**

PRODUCT CODE: 5312730 APPROX. UNIT WEIGHT: 85g

CARTON CONTENTS: 2 X 2.5KG APPROX. UNIT PER PACK: 12









# **ROASTED WINGS**

PRODUCT CODE: 0009625 APPROX. UNIT WEIGHT: 125g CARTON CONTENTS: 5KG BULK APPROX. UNIT PER PACK: 8







# **DEVIL BONELESS WYNGZ**"

PRODUCT CODE: 5567500 APPROX. UNIT WEIGHT: 40g

CARTON CONTENTS: 5 X 1KG APPROX. UNIT PER PACK: 25











# **CHICKEN CHIPS**

PRODUCT CODE: 0020700 CARTON CONTENTS: 5 X 1KG APPROX. UNIT WEIGHT: 11g APPROX. UNIT PER PACK: 100





# **CHICKEN GOUJONS**

PRODUCT CODE: 0020670 CARTON CONTENTS: 5 X 1KG APPROX. UNIT WEIGHT: 17g APPROX. UNIT PER PACK: 50





# **TEMPURA CHICKEN CHIPEES**

PRODUCT CODE: 5552500 CARTON CONTENTS: 5 X 1KG APPROX. UNIT WEIGHT: 10g APPROX. UNIT PER PACK: 100





# **DEVIL CHICKEN CHIPS**

PRODUCT CODE: 0020710 CARTON CONTENTS: 5 X 1KG APPROX. UNIT WEIGHT: 11g APPROX. UNIT PER PACK: 100









# **COUNTRY CRISP CHICKEN STRIPS**

PRODUCT CODE: 5532500 CARTON CONTENTS: 5 X 1KG APPROX. UNIT WEIGHT: 30g APPROX. UNIT PER PACK: 11





# Snacking & FINGERFOODS



# **CHICKEN POTATO CAKE**

PRODUCT CODE: 5567700 CARTON CONTENTS: 5 X 1KG APPROX. UNIT WEIGHT: 48g

APPROX. UNIT PER PACK: 20





# **CHICKEN & CORN ROLLS**

PRODUCT CODE: 0009674 APPROX. UNIT WEIGHT: 100g

CARTON CONTENTS: 5 X 1KG APPROX. UNIT PER PACK: 10





The snacking sector has experienced huge growth within the foodservice industry over the years, with the evening snacking occasion experiencing particularly quick growth. Foodservice outlets should seek to offer a tight, but diverse snacking/fingerfood offering in order to grow along with the sector and meet demand.





# YUMMY DRUMMY

PRODUCT CODE: 0009552 APPROX. UNIT WEIGHT: 50g CARTON CONTENTS: 5 X 1KG APPROX. UNIT PER PACK: 20





# **KARAAGE CHICKEN BITES**

PRODUCT CODE: 5858600 APPROX. UNIT WEIGHT: 25g CARTON CONTENTS: 5 X 1KG APPROX. UNIT PER PACK: 40



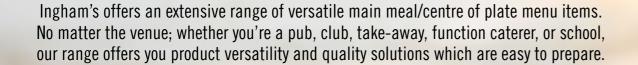






# Mea/solutions









# CRUMBED CHICKEN TENDERLOIN

PRODUCT CODE: 5563600 APPROX. UNIT WEIGHT: 50g **CARTON CONTENTS: 5 X 1KG** APPROX. UNIT PER PACK: 20







# SWEET CHILLI TENDERS

PRODUCT CODE: 0020460 APPROX. UNIT WEIGHT: 56g CARTON CONTENTS: 5 X 1KG APPROX. UNIT PER PACK: 18



# SCHOOL SWEET CHILLI TENDERS

PRODUCT CODE: 6400200 APPROX. UNIT WEIGHT: 55g CARTON CONTENTS: 5 X 1KG APPROX. UNIT PER PACK: 18



5254330 Ciabatta Crumb Pub Schnitzel

# Mea/solutions





# **SALT & VINEGAR TENDER**

PRODUCT CODE: 0020555 APPROX. UNIT WEIGHT: 56g

CARTON CONTENTS: 5 X 1KG APPROX. UNIT PER PACK: 18





# **SOUTHERN STYLE TENDERS**

PRODUCT CODE: 6405400 APPROX. UNIT WEIGHT: 50g

CARTON CONTENTS: 5 X 1KG APPROX. UNIT PER PACK: 20





# **CHICKEN BURGERS**

PRODUCT CODE: 0009788 CARTON CONTENTS: 6 X 835G APPROX. UNIT WEIGHT: 83g APPROX. UNIT PER PACK: 10



GLUTEN (WHEAT), MILK & SOY



**PEANUT FREE CHICKEN SATAY KEBAB** 

Peanut Free Chicker Satay Kebab (Raw)

Peanut Free Satay Kebab

0009331

# **CHICKEN BREAST SCHOOL BURGERS**

PRODUCT CODE: 0009790 CARTON CONTENTS: 6 X 835G APPROX. UNIT WEIGHT: 83g

APPROX. UNIT PER PACK: 10





# FLAME-GRILLED CHICKEN BREAST FILLET

PRODUCT CODE: 5553800 CARTON CONTENTS: 5 X 1KG APPROX. UNIT WEIGHT: 85g APPROX. UNIT PER PACK: 11



# **DEVIL BREAST**

PRODUCT CODE: 5535800 APPROX. UNIT WEIGHT: 80g CARTON CONTENTS: 5 X 1KG APPROX. UNIT PER PACK: 12







# **BREAST FILLETS 85G**

PRODUCT CODE: 0009690 CARTON CONTENTS: 5 X 850G APPROX. UNIT WEIGHT: 85g APPROX. UNIT PER PACK: 10





SOUTHERN STYLE BREAST FILLET

CARTON CONTENTS: 5 X 1KG

APPROX. UNIT PER PACK: 9

PRODUCT CODE: 5563200

APPROX. UNIT WEIGHT: 110g

# **BREAST FILLETS 120G**

PRODUCT CODE: 0009706 CARTON CONTENTS: 4 X 1.2KG APPROX. UNIT WEIGHT: 120g APPROX. UNIT PER PACK: 10





# **CRUMBED BREAST FILLET**

PRODUCT CODE: 5530700 APPROX. UNIT WEIGHT: 120g

CARTON CONTENTS: 3KG BULK APPROX. UNIT PER PACK: 25





# **CRISPY BREAST STEAKS**

PRODUCT CODE: 5554400 CARTON CONTENTS: 3KG BULK APPROX. UNIT WEIGHT: 100g APPROX. UNIT PER PACK: 30





# Mea/solutions





# **MEDIUM SCHNITZEL**

PRODUCT CODE: 5654700 APPROX. UNIT WEIGHT: 160g

CARTON CONTENTS: 4.8KG BULK APPROX. UNIT PER PACK: 30





### CIABATTA CRUMB CHICKEN BREAST SCHNITZEL

PRODUCT CODE: 5567400 APPROX. UNIT WEIGHT: 180g

CARTON CONTENTS: 2 X 2.5KG BULK APPROX. UNIT PER PACK: 13









PRODUCT CODE: 0009710 CARTON CONTENTS: 2.88KG BULK APPROX. UNIT WEIGHT: 180g





PREMIUM BREAST SCHNITZEL

APPROX. UNIT PER PACK: 16

# **BISTRO BREAST SCHNITZEL**

PRODUCT CODE: 5654600 APPROX. UNIT WEIGHT: 190g CARTON CONTENTS: 5KG BULK APPROX. UNIT PER PACK: 30





# LARGE BREAST SCHNITZEL

PRODUCT CODE: 5355200 APPROX. UNIT WEIGHT: 210g

CARTON CONTENTS: 6.3KG BULK APPROX. UNIT PER PACK: 30



# CIABATTA CRUMB PUB SCHNITZEL

PRODUCT CODE: 5254330 APPROX. UNIT WEIGHT: 250g CARTON CONTENTS: 5KG BULK APPROX. UNIT PER PACK: 22







# **ROASTED CHICKEN QUARTERS**

PRODUCT CODE: 5313400 APPROX. UNIT WEIGHT: 270g

CARTON CONTENTS: 2.5KG BULK APPROX. UNIT PER PACK: 9







APPROX. UNIT PER PACK: 25





APPROX. UNIT WEIGHT: 200g



# **CRUMBED DRUMSTICKS**

PRODUCT CODE: 5586800 APPROX. UNIT WEIGHT: 180g

CARTON CONTENTS: 5KG BULK APPROX. UNIT PER PACK: 27







# **GARLIC BUTTER CHICKEN KIEV**

PRODUCT CODE: 5530100 APPROX. UNIT WEIGHT: 200g

CARTON CONTENTS: 3KG BULK APPROX. UNIT PER KG: 15







# SIGNATURE BROCCOLI & CHEESE

PRODUCT CODE: 5558100 APPROX. UNIT WEIGHT: 175g

**CARTON CONTENTS: 3.5KG BULK** APPROX. UNIT PER PACK: 20





# **ALFREDO FILLERS**

PRODUCT CODE: 5560900 APPROX. UNIT WEIGHT: 100g CARTON CONTENTS: 5KG BULK APPROX. UNIT PER PACK: 50



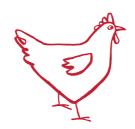


# Chicken meat & SMALLGOODS

Ingham's offers an extensive range of chicken smallgoods that are perfect for use in sandwiches and wraps. All products are made from 100% Australian chicken.

Ingham's Free Flow Roasted Chicken Meat is of the highest quality and is 100% Australian chicken. The products are fully cooked and then Individually Quick Frozen (IQF).

Each product comes in a resealable zipfresh bag for maximum hygiene, safety and ease of storage. There are 3 variants available; diced, short sliced and sliced.





# DICED ROASTED CHICKEN MEAT

PRODUCT CODE: 0009810

CARTON CONTENTS: 6 X 1KG





# SLICED CHICKEN BREAST STRIPS

PRODUCT CODE: 0009814

CARTON CONTENTS: 6 X 1KG







# SHORT SLICE ROAST CHICKEN MEAT

PRODUCT CODE: 0009811

CARTON CONTENTS: 6 X 1KG







# **CHICKEN ROLL 2KG**

PRODUCT CODE: 5110300

CARTON CONTENTS: 5 X 2KG





# **CHICKEN ROLL 3KG**

PRODUCT CODE: 5111700

CARTON CONTENTS: 4 X 3KG





**CHICKEN LOAF 4KG GF** 

PRODUCT CODE: 5110600

CARTON CONTENTS: 3 X 4KG









# **CHICKEN BREAST SUPREME 3KG**

PRODUCT CODE: 5131800

CARTON CONTENTS: 2 X 3KG



# **CHICKEN BREAST SUPREME 2.5KG GF**

PRODUCT CODE: 5130200

CARTON CONTENTS: 4 X 2.5KG









# G/Uten FREE

# PRODUCT RANGE

The 'Free From' foods category is no longer solely driven by those with food allergies or dietary intolerances, but also by those who are wanting to make healthier lifestyle choices. Ingham's Gluten Free range allows you to cater to this growing sector of consumers with versatile, and easy to prepare products.







# GF CHICKEN NUGGETS

PRODUCT CODE: 5564100 APPROX. UNIT WEIGHT: 22g CARTON CONTENTS: 5 X 1KG APPROX. UNIT PER PACK: 45









# GF CHICKEN BREAST TENDERS

PRODUCT CODE: 5564300 APPROX. UNIT WEIGHT: 50g

CARTON CONTENTS: 5 X 1KG APPROX. UNIT PER PACK: 20







# DICED ROASTED CHICKEN MEAT

PRODUCT CODE: 0009810

CARTON CONTENTS: 6 X 1KG







# SLICED CHICKEN BREAST STRIPS

PRODUCT CODE: 0009814

CARTON CONTENTS: 6 X 1KG







# CHICKEN LOAF 4KG GF

RODUCT CODE: 5110600

CARTON CONTENTS: 3 X 4KG







# CHICKEN BREAST SUPREME 2.5KG GF

PRODUCT CODE: 5130200

CARTON CONTENTS: 4 X 2.5KG







Ingham's offers a range of fresh, frozen, and fully cooked Aussie grown turkey. From whole turkeys to turkey smallgoods, Ingham's has your seasonal, and year round turkey needs covered.

RECIPE INSPIRATION

# **BACON WRAPPED TURKEY MIGNIONS**

Cut turkey tenderloin crosswise into 'steaks', season with salt and pepper and wrap each piece with bacon, securing with toothpicks or butchers twine. Brown all sides in a pan over medium-high heat, then transfer to an oven for 20 -25mins at 180°C, or until internal temperature reaches 75°C. Remove toothpicks/twine and serve with greens of your choice, and top with a truffle or herb butter disk.



# TURKEY TENDERLOINS

**Frozen Turkey Tenderloins** 

PRODUCT CODE: 7411000

CARTON CONTENTS: 3KG

APPROX. UNIT WEIGHT: 120-180G



# FreshFROZEN



7412200

7630100



# FROZEN RAW WHOLE TURKEY

Sizes range from 2.4-8.8+kg subject to availability at time of order.

PRODUCT CODE	DESCRIPTION	APPROX. Unit Weight	CARTON CONTENTS
7002400	Frozen Self Basting	2.4kg	5
7002600-7003200	Frozen Self Basting	2.6-3.2kg	4
7003400-7004800	Frozen Self Basting	3.4-4.8kg	3
7005000-7006800	Frozen Self Basting	5.0-6.8kg	2
7007000-7011000	Frozen Self Basting	7+kg	1



# FROZEN RAW TURKEY BUFFÉ

Turkey Buffé consists of whole turkey breast with the first wing joint attached with wings & legs removed.

PRODUCT CODE	DESCRIPTION	APPROX. Unit Weight	CARTON CONTENTS
7214000	Frozen Falvour Basted Buffé	4-5kg	2
7215000	Frozen Falvour Basted Buffé	5-6kg	2
7216000	Frozen Falvour Basted Buffé	6-7kg	2
7217000	Frozen Falvour Basted Buffé	7-8kg	2
7218000	Frozen Falvour Basted Buffé	8-9kg	2
7224000	Frozen Falvour Basted Buffé	4-5kg	2
7225000	Frozen Falvour Basted Buffé	5-6kg	2
7226000	Frozen Falvour Basted Buffé	6-7kg	2
7227000	Frozen Falvour Basted Buffé	7-8kg	2
7228000	Frozen Falvour Basted Buffé	8-9kg	2



FROZEN DE-BONED TURKEY BUFFÉ							
PRODUCT CODE	DESCRIPTION	APPROX. Unit Weight	CARTON CONTENTS				
7410000	Frozen Plain De-boned Buffé	1.7-2.3kg	4				
7410400	Frozen Flavour Basted De-boned Buffé	1.8-2.5kg	4				



# FROZEN TURKEY HALF BREAST WITH 1ST WING JOINT ATTACHED PRODUCT CODE DESCRIPTION APPROX. CARTON UNIT WEIGHT CONTENTS 7410400 Frozen Flavour Basted De-boned Buffé 1.8-2.5kg 4

Flavour Basted Turkey Breast

1.8-2.5kg

1kg



FROZEN Turkey te	NDERLOINS		
PRODUCT CODE	DESCRIPTION	APPROX. Unit weight	CARTON CONTENTS
7411000	Frozen Turkey Tenderloins	150g	20



FROZEN TURKEY RO	ASTS		
PRODUCT CODE	DESCRIPTION	APPROX. Unit Weight	CARTON CONTENTS
7630200	Frozen Turkey Carvery Roast	3kg	4
7630100	Frozen Turkey Carvery Roast	2kg	4
7616900	Frozen Turkey Breast Ready 2 Roast	1kg	6
7630100	Frozen Turkey Breast Ready 2 Roast	2kg	6

Frozen Turkey Thigh Roast

# Cooked





# TURKEY BUFFÉ (FRESH) - SEASONAL PRODUCT

Our Buffé range is lightly marinated and made from premium whole turkey breast with the first wing joint attached.

#### **Features & Benefits**

Simply slice and serve

**⊘** No Wastage

Ideal to serve hot or cold

Natural turkey breast on the bone

PRODUCT CODE	DESCRIPTION	APPROX. Unit weight	CARTON Contents
7710200	Oven Roasted Turkey Buffé	2.5-4kg	4
7710100	Oven Roasted Turkey Buffé	5-6.5kg*	2



# TURKEY HALF BREAST & QUARTER BREAST

Half Breasts are deboned and available in two varieties; Oven Roasted and Sweet Herb & Mustard. Both are marinated and seasoned then oven roasted to perfection.

### **Features & Benefits**

Gluten Free

Easy to slice or shave

Simply slice and serve

**⊘** No Wastage

S Ideal to serve hot or cold

Natural turkey breast

PRODUCT CODE	DESCRIPTION	APPROX. Unit Weight	CARTON CONTENTS
7770600	Oven Roasted Turkey Classic Quarter	0.7-1.1kg*	6
7770100	Oven Roasted Turkey Half Breast	1.2-2.7kg*	3
7720100	Herb & Mustard Turkey Half Breast	1.2-2.7kg*	3

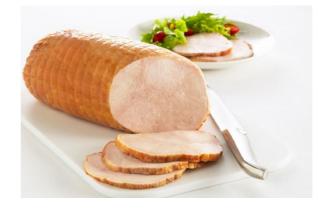


	TURKEY Breast Ro	LL		
ry.	PRODUCT CODE	DESCRIPTION	APPROX. Unit weight	CARTON CONTENTS
1	7410000	Frozen Plain De-boned Buffé	1.7-2.3kg	4
	7410400	Frozen Flavour Basted De-boned Buffé	1.8-2.5kg	4



# TURKEY BREAST SUPREME AND HEALTHY SELECT TURKEY BREAST

PRODUCT CODE	DESCRIPTION	APPROX. Unit weight	CARTON CONTENTS
7750700	Turkey Breast Supreme Skin On	1.8-2.2kg*	6
7750100	Turkey Breast Supreme	2kg*	4
7750300	Healthy Select Turkey Breast	2kg*	4



# NATURALLY REDGUM SMOKED

Australian premium quality turkey breast marinated and smoked to perfection with Australian Redgum.

### **Features & Benefits**

Ready to heat and serve

Simply slice and serve

**⊘** No wastage

Smoked with 100% Natural Redgum

33

PRODUCT CODE	DESCRIPTION	APPROX. Unit Weight	CARTON CONTENTS
7904100	Aldinga Smoked Turkey Breast	2.4-2.6kg*	2

Due to premium quality of the raw materials used, the portion weights are only an approximation and should be used as a guide only. \*Random Weight.

32

# Gluten FREE

# **SERVINGS PER PRODUCT**



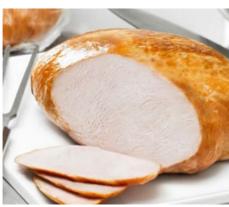
# OVEN ROASTED TURKEY QUARTER BREAST

PRODUCT CODE: 7770600

CARTON CONTENTS: 6 X 0.7-1.1KG\*







# OVEN ROASTED TURKEY HALF BREAST

PRODUCT CODE: 7770100 CARTON CONTENTS: 3 X 1-3.6KG\*







# SWEET HERB & MUSTARD TURKEY 1/2 BREAST

PRODUCT CODE: 7720100

CARTON CONTENTS: 3 X 1-3.6KG\*









# **TURKEY** BUFFÉ

### 5-6 kg Buffé

Serves approx 16-20 Average serving size 250gm

### 6-7 kg Buffé

Serves approx 22-26 Average serving size 250gm

### 7-8 kg Buffé

Serves approx 28-32 Average serving size 250gm

# WHOLE **TURKEYS**

Size 24 to Size 34 Serves 8 - 13

Size 36 to Size 46 Serves 14 - 18

Size 48 to Size 58 Serves 19 - 23

Size 60 to Size 72 Serves 24 - 31



# CookingINSTRUCTIONS



## TURKEY - WHOLE, FROZEN & FRESH

- If frozen, thaw for at least 48 hours in refrigerator or until fully thawed.
- Wipe inside and out with paper towels.
- Fill neck and body cavities with prepared stuffing and secure by sewing or by skewer.
- Tuck wings under turkey and tie drumsticks together with string.
- Rub skin lightly with melted butter or oil, and dust with salt and pepper.

Preheat oven to 180°C. Cover legs and wings with foil and roast for suggested cooking time on pack. Approx. 30 minutes before turkey is cooked remove foil and pierce skin in several places to allow self basting and browning.

### TURKEY BUFFÉ

- If frozen, thaw for at least 48 hours in refrigerator or until fully thawed (allow approximately 13 hours per kg).
- Place Buffé breast side up in a roasting dish with a little water and cover with foil.

Preheat oven to 180°C. Roast for approx. 40 minutes per kilo. Remove foil for last 30 minutes to allow self basting and browning.

### OVEN ROASTED TURKEY BUFFÉ

Oven: Place in a pan with a little water. Cover with foil. Cook at 175°C for approximately 15 minutes per kg.

Microwave: Slice meat. Place in dish and cover.

# **DEBONED TURKEY BUFFÉ** TURKEY DOUBLE BREAST WITH FIRST WING JOINT

- Thaw in refrigerator for at least 24 hours.
- Place turkey skin side up in roasting dish on a rack.
- After roasting, cover turkey with foil and allow to stand for 10 minutes before carving.

Oven Bake: Preheat oven to 180°C. Roast turkey for 2-21/2 hours until golden brown.

### TURKEY BREAST ROAST

- Thaw in the refrigerator for at least 48 hours or until fully thawed or cook from frozen.
- Remove from plastic packaging.
- DO NOT REMOVE FOIL.
- Place on rack in an oven proof dish with ½ cup water.
- Turn after 40 minutes.
- Remove foil for last 30 minutes of cooking time and baste with a small amount of cooking oil.
- This will allow turkey to brown.
- Not suitable for microwave cooking.
- Conventional Oven Cook Turkey at 180°C (360°F) for 2 hours 15 minutes from thawed or 3 hours from frozen.
- Fan-Forced Oven Cook turkey at 170°C (340°F)

### TURKEY TENDERLOINS

- Thaw in refrigerator for at least 24 hours
- Cover with foil when oven baking

Pan Fry: Preheat oil to medium heat and cook for 10-15 minutes turning once.

Oven Bake: Preheat oven 180°C. Roast in lightly oiled baking dish covered with foil for 45 minutes.

Remove foil for last 10 minutes of cooking time to brown.

### **TURKEY CARVERY ROAST**

- Thaw in the refrigerator for at least 48 hours or until fully thawed or cook from frozen.
- Remove from plastic packaging.
- DO NOT REMOVE FOIL.
- Place on rack in an oven proof dish with  $\frac{1}{2}$  cup water.
- Turn after 40 minutes.
- Remove foil for last 30 minutes of cooking time and baste with a small amount of cooking oil.
- This will allow turkey to brown.
- Not suitable for microwave cooking.
- Conventional Oven Cook Turkey at 180°C (360°F) for 45 minutes per kg from thawed or 1 hour per kg from frozen.
- Fan-Forced Oven Cook turkey at 170°C (340°F) for 45 minutes per kg from thawed or 1 hour per kg frozen.

### TURKEY THIGH ROAST

- Thaw in the refrigerator for at least 48 hours or until fully thawed or cook from frozen.
- Remove from plastic packaging.
- DO NOT REMOVE FOIL.
- Place on rack in an oven proof dish with ½ cup water.
- Turn after 40 minutes.
- Remove foil for last 30 minutes of cooking time and baste with a small amount of cooking oil.
- This will allow turkey to brown.
- Not suitable for microwave cooking.
- Conventional Oven Cook Turkey at 180°C (360°F) for 2 hours 15 minutes from thawed or 3 hours from frozen.
- Fan-Forced Oven Cook turkey at 170°C (340°F) for 2



# Genera/TURKEY TIPS



# HANDLING AND STORAGE

- Defrost in the refrigerator only, not on the bench.
- Use separate cutting boards and utensils when handling raw and cooked poultry. Wash these thoroughly with hot, soapy water before and after handling.
- If you cook poultry to eat later, refrigerate while hot.
- Always store cooked foods above raw foods in the refrigerator.
- Keep fresh food refrigerated at or below 4°C.
- Keep frozen food at or below minus 18°C.
- Once poultry has been thawed, do not refreeze.
- After purchasing fully cooked smallgoods, ensure they are stored in the refrigerator with their wrapping sealed until required. After opening, they must be consumed within 3 days.

# **GENERAL TURKEY TIPS**

 Turkey can be handled, cooked and stored in the same way as chicken. There are no special requirements in its handling.

# **COOKING TIPS**

- Appliance temperatures can vary, you may need to adjust cooking times accordingly.
- Poultry is fully cooked when a core temperature of 82°C is achieved.

# **GENERAL ROASTING TIPS**

- Stuffing does not have to be cooked inside the Turkey. It can be placed in the pan around the roast, or baked separately in foil or moulds. A shorter cooking time should be used for the stuffing.
- Remember, glazes which contain sugar may burn easily. Brush on these glazes 20-30 minutes before the turkey is cooked.



# Schoo/SINDEX



PRODUCT CODE	PRODUCT NAME	PACK Config	APPROX. PIECE Weight (GM)	GLUTEN Free	READY To eat	ALLERGENS	HEA Kids f	LTHY RATING	HEALTH Star Rating
							NSW	ACT, NT, QLD	NATIONAL
0009810	Diced Roasted Chicken Meat	6 x 1kg	N/A	Υ	Υ	Milk	Ε	Α	3.5
0009811	Short Sliced Chicken Meat	6 x 1kg	N/A	Υ	Υ	Milk	E	Α	3.5
0009814	Sliced Chicken Breast Strips	6 x 1kg	N/A	Υ	Υ	Milk	E	Α	3.5
0020670	Chicken Goujons	5 x 1kg	17			Gluten (Wheat), Sulphites, Soy	0	Α	4
5561900	Tempura Breast Nuggets	5 x 1kg	22			Gluten (Wheat), Soy, Egg	0	Α	3.5
0020565	School Breast Nuggets	5 x 1kg	21			Gluten (Wheat), Milk, Soy	0	Α	3.5
5564100	Gluten Free Chicken Nuggets	5 x 1kg	22	Υ		Milk, Soy, Egg	0	Α	4
5564300	Gluten Free Chicken Breast Tenders	5 x 1kg	50	Υ		Soy, Egg	0	Α	4
5563600	Crumbed Chicken Tenderloin	5 x 1kg	50			Gluten (Wheat), Milk, Soy	0	Α	3.5
6400200	School Sweet Chilli Tenders	5 x 1kg	55			Gluten (Wheat), Milk, Soy, Sesame	0	A	3.5
0009552	Yummy Drummy	5 x 1kg	50			Gluten (Wheat), Soy	0	Α	3.5
0009674	Chicken & Corn Rolls	5 x 1kg	100		Υ	Gluten, Milk, Sulphites, Soy, Egg	0	Α	3.5
0009790	Chicken Breast School Burgers	6 x 835g	83			Gluten (Wheat), Milk, Soy	0	Α	4
0009410	Pizza Roundas	20 x 130g	N/A		Υ	Gluten (Wheat), Milk, Soy	0	Α	3.5
5553800	Flame-Grilled Chicken Breast Fillet	5 x 1kg	85		Υ	Gluten (Wheat), Milk, Soy, Egg	E	A	3.5
7750300	Healthy Select Turkey Breast	4 x 2kg*	#N/A		Υ	Sulphites	E	Α	4
7904100	Aldinga Smoked Turkey Breast	2 x 2.4- 2.6kg	#N/A		Y	Gluten (Wheat), Milk, Soy	E	Α	3.5

E: EVERYDAY O: OCCASIONAL A: AMBER

PRODUCT CODE	PRODUCT NAME	PACK Config	APPROX. PIECE WEIGHT (GM)
0009810	Diced Roasted Chicken Meat	6 x 1kg	N/A
0009811	Short Sliced Chicken Meat	6 x 1kg	N/A
0009814	Sliced Chicken Breast Strips	6 x 1kg	N/A
0020540	Devil Wing Dings	5 x 1kg	77
5337000	Tempura Breast Bites	5 x 1kg	21
5532500	Country Crisp Chicken Strips	5 x 1kg	30
0020563	Retail Nuggets	5 x 1kg	21
5550200	Breast Nugget	5 x 1kg	20
5586800	Crumbed Drumsticks	5kg	182
5564100	Gluten Free Chicken Nuggets	5 x 1kg	22
5564300	Gluten Free Chicken Breast Tenders	5 x 1kg	50
5563600	Crumbed Chicken Tenderloin	5 x 1kg	50
0020460	Sweet Chilli Tenders	5 x 1kg	56

# **PRODUCT KEY**











# Notes





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